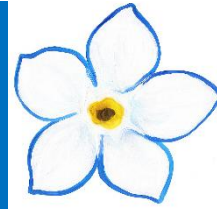




About me...

This leaflet will help to support you during your hospital stay.



Harrogate and District
NHS Foundation Trust

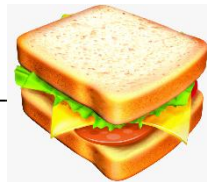
Things I'd Like you to know about me:

I prefer to be called:

What I like to drink:



Food likes/ dislikes:

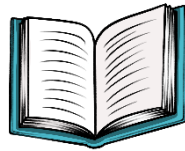


Things that help me communicate
i.e. glasses and hearing aids:



Things I'd Like you to know about me:

Things I enjoy doing/ talking about:



When I'm upset, I feel better when:



Other information you should know about me:

Things that can make me upset/ anxious:



Usual sleep routine:



I am happy for this information to be placed near my bedside for staff to read:

Signed: _____ Patient/Carer*

Date: _____